FOUNDATIONS
WEEKEND TRAINING

WRIGHT FOUNDATION
FOR THE REALIZATION OF HUMAN POTENTIAL

January 11 - 13, 2019

CHICAGO

foundationsweekendtraining.com

Bring Out Your Best

SOCIAL & EMOTIONAL INTELLIGENCE:
THE FIRST STEP IN BRINGING OUT YOUR BEST.

FOUNDATIONS provides a proven, scientific method for a spectacular, successful career and life. It's an invaluable foundation for lifelong learning, fulfilling your potential, and ultimately your transformation—whether your main aim in life is business, strong relationships, parenting, community service, or your faith.

Wright's proprietary methodology for lasting change is a synthesis and application of research and methodology that brings together the best of neuroscience, positive psychology, behavioral economics, and education. The methodology you'll learn is derived from a multi-year research study which examined individuals who experienced more lasting positive change in their lives than others.

"I was already a highly successful career woman, but now, I am experiencing new excitement and possibilities for my relationships and work life. I'm taking on more responsibilities and increasing my compensation while I do it."

– Valerie, Global Sr. Director Human Resources

"I work in the not-for-profit field. Now, with the social and emotional intelligence training, rather than just thinking, dreaming and wanting to make a difference in the world, I am out making changes, influencing others, and powerfully contributing to my family, my work, and society."

– Molly, Attorney

80% IN TOP LEADERSHIP POSITIONS, THE DIFFERENCE BETWEEN HIGH AND LOW PERFORMERS COMES FROM SOCIAL AND EMOTIONAL INTELLIGENCE.

75%

OF JOB SUCCESS IS RELATED TO SOCIAL AND EMOTIONAL INTELLIGENCE—ONLY 25% IS BASED ON SKILL.

Radical and Real Results

If you want a…

- Quantum leap in perspective and results, not an incremental improvement
- Process for sustained lasting results
- Core methodology for thriving in every area of life, not a limited set of tools for one problem
- Method based on research and neuroscience
- Practical, down-to-earth, easy-to-follow process

Why Social & Emotional Intelligence?

Research proves that knowing what you are feeling and having the skills to read, utilize, manage, and express your emotions:

- Is the biggest factor in career success
- Enhances leadership ability
- Increases intimacy and strengthens relationships
- Is the most important factor in raising happy, healthy kids
- Enhances cognitive ability and strengthens your immune system

LSWs, LCSWs: Experiential Social and Emotional Intelligence Training that Earns 20 CEU Contact Hours

94%
are accomplishing more

94%
have more purpose, meaning in life

82%
were promoted or got a better job

92%
are calmer, better manage stress

"As a physician working in a high level healthcare setting, I've found that boosting my social and emotional intelligence has made me more productive, more satisfied, and contributed significantly to me being rated as one of the top physicians in Chicago."
– *Marilyn, Physician*

"A magna cum laude graduate from a top law school, I had a high powered job, great salary and good marriage all before age 30. But I learned there was much more available to me. I've combined my drive with my love of service to create a thriving law practice and a deeper, closer and more loving relationship with my wife."
– Bilal, Attorney

Call or go online now to register.
foundationsweekendtraining.com
312.645.8300

FOUNDATIONS WEEKEND TRAINING

Friday, Jan. 11 – Sunday, Jan. 13, 2019

Registration: Friday, 6:00 pm
Program: Friday, 7:00 pm – 11:00 pm
Saturday, 8:00 am – 8:00 pm
Sunday, 8:00 am – 8:00 pm

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Foundations Weekend Trainings:
April 5-7, 2019
June 7-9, 2019
September 13-15, 2019

Led by the Experts

in Social and Emotional Intelligence Training for Personal Transformation

Dr. Judith Wright

A media favorite, sought-after speaker, respected leader, best-selling author, world-class coach, and corporate consultant in the area of personal transformation, leadership development, and personal goal fulfillment, Dr. Judith Wright wrote *Transformed: The Science of Spectacular Living, There Must Be More Than This, The One Decision, The Soft Addiction* Solution, and *The Heart of the Fight* to share her personal transformation and proven methodologies with a broader audience. Dr. Wright's ground-breaking research into the fundamental process by which human beings learn, grow, and develop is the core of the curriculum at Wright and the Wright Graduate University, which she co-founded. Dr. Wright has appeared on more than 500 radio programs, and 80 TV programs including *Oprah*, ABC's *20/20* and the *Today* show.

Dr. Robert Wright

Considered by many to be one of the leading thinkers in human development, Dr. Robert Wright is an internationally recognized visionary, educator, program developer, author, speaker, entrepreneur, consultant, and executive coach. In the course of coaching and training hundreds of C-level executives, Dr. Wright developed the Wright Model of Human Growth and Development. Called "one of the most powerful and comprehensive models of its kind," it forms the core curriculum at Wright and the Wright Graduate Institute, which Dr. Wright co-founded. He is also the author of *Beyond Time Management: Business with Purpose and People Skills*.

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